

IN THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS

1. (Currently Amended) A balance practicing machine comprising:

a seat on which a user sits;

a drive mechanism that imparts a swinging motion to said seat;

an expandable and contractible member provided ~~on a seating surface~~ at a location of said seat corresponding to thighs of the user sitting on said seat; and

a mechanism that automatically repeatedly expands and contracts said expandable and contractible member in alternately repeating upwardly-outwardly and downwardly-inwardly directions during operation of the drive mechanism to provide compound motion to the seat.

2. (Original) The balance practicing machine according to claim 1, wherein said seat has a saddle shape.

3. (Original) The balance practicing machine according to claim 1, wherein said expandable and contractible member is positioned to oppose the thighs and knees of the user when the user sits on said seat.

4. (Original) The balance practicing machine according to claim 1, wherein said expandable and contractible member comprises a first expandable and contractible element and a second expandable and contractible element.

5. (Original) The balance practicing machine according to claim 4, wherein said first and second expandable and contractible elements are positioned on opposite sides of said seat.

6. (Original) The balance practicing machine according to claim 4, wherein said first and second expandable and contractible elements are positioned to oppose the thighs and knees of the user when the user sits on said seat.

7. (Original) The balance practicing machine according to claim 4, wherein said first and second expandable and contractible elements expand and contract in substantially opposite directions.

8. (Original) The balance practicing machine according to claim 4, wherein said first and second expandable and contractible elements are positioned to oppose the thighs and knees of the user when the user sits on said seat, so that the user's hip joints open and close when said first and second expandable and contractible elements expand and contract, respectively.

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9. (Original) The balance practicing machine according to claim 4, wherein said first and second expandable and contractible elements comprise a first air bladder and a second air bladder, respectively.

10. (Original) The balance practicing machine according to claim 9, wherein an air supply unit supplies air to said first and second air bladders.

11. (Original) The balance practicing machine according to claim 1, wherein said expandable and contractible member provides adjustability of size of said seat to accommodate a particular user's body type.

12. (Canceled)

13. (Previously Presented) The balance practicing machine according to claim 1, wherein an elevator mechanism is provided to raise and lower said seat.

14. (Original) The balance practicing machine according to claim 13, wherein said elevator provides adjustability of the height of said seat.

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15. (Original) The balance practicing machine according to claim 13, wherein said elevator is repeatedly raised and lowered during operation of said drive mechanism to provide compound motion to said seat.

16. (Currently Amended) The balance practicing machine according to claim 12 1, wherein an elevator mechanism is provided to raise and lower said seat.

17. (Original) The balance practicing machine according to claim 16, wherein said elevator is repeatedly raised and lowered during operation of said drive mechanism to provide compound motion to said seat.

18. (Currently Amended) A balance practicing machine comprising:

- a seat;
- a drive mechanism that imparts a swinging motion to said seat; and
- a moving device that is repeatedly actuated during operation of said drive mechanism to provide compound motion to said seat,

wherein said moving device comprises:

- an expandable and contractible member provided on a seating surface at a location of said seat corresponding to thighs of the user sitting on said seat; and

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a mechanism that automatically repeatedly expands and contracts said expandable and contractible member in alternately repeating upwardly-outwardly and downwardly-inwardly directions during operation of the drive mechanism to provide compound motion to the seat.

19. (Canceled)

20. (Previously Presented) The balance practicing machine according to claim 18, further comprising:

an elevator mechanism provided to raise and lower said seat;

wherein said elevator is repeatedly raised and lowered during operation of said drive mechanism to provide additional compound motion to said seat.

21. (Previously Presented) The balance practicing machine according to claim 1, wherein the swinging motion comprises three degrees of freedom of movement to the seat in the form of a longitudinal (forward and backward) reciprocating linear motion and reciprocating pivoting motions around a fore-aft (longitudinal) and traverse axes.

22. (Previously Presented) The balance practicing machine according to claim 18, wherein the swinging motion comprises three degrees of freedom of movement to the seat in the form of a longitudinal (forward and backward) reciprocating linear motion and reciprocating pivoting motions around a fore-aft (longitudinal) and traverse axes.

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23. (Previously Presented) The balance practicing machine according to claim 1, wherein the expandable and contractible member is provided integrally with the balance practicing machine.

24. (Previously Presented) The balance practicing machine according to claim 18, wherein the expandable and contractible member is provided integrally with the balance practicing machine.